



# VILLAGE VIEW

November 2019, Newsletter

Dear Friends,

On Thursday, November 7, friends, members and volunteers of the Charlotte Village Network gathered for a celebration luncheon at Maggiano's Little Italy Restaurant in South Park. Guests were treated to a fabulous lunch, accompanied by an interactive talk given by Denise Medved of Ageless Grace, on Timeless Fitness for the Body and the Brain.

Following our guest speaker, we recognized our members and volunteers, who are instrumental in our mission of helping seniors to age in place. We also recognized a special volunteer who truly embodies who we are and what we are about, a true ambassador for our organization, Ardith Allen. A wonderful time was had by all, and we look forward to celebrating Charlotte Village Network for years to come.



*Ardith Allen receives Volunteer of the Year Award*

## SPECIAL EVENT



## CHARLOTTE VILLAGE NETWORK LEADERSHIP

### BOARD OF DIRECTORS

**Deryl Smoak**, President  
**Mary Ellen Fleming**, Immediate Past President  
**Heather Porter**, Secretary  
**Joe Giordano**, Board Member  
**Cindy Hostetler**, Board Member  
**Brittany Kearney**, Board Member  
**Pat Nash**, Board Member  
**John S. Reiter**, Board Member

### ADVISORY COUNCIL

**Jay Buinicky**, Carolina Senior Transitions  
**Jaynie Segal**, Waltonwood Cotswold  
**Ken Fleming**, FirstLight Home Care  
**James Young**, CPA  
**Tracy McGinnis**, Southminster

### TEAM LEADERS

**Executive Director:** John Reiter  
**Outreach/Marketing:**  
**Volunteers:** Jeanne Bellew  
**Programs:**  
**Finance & Operations:**  
**Fundraising:** Shaun Ferguson  
**Webmaster:** Jay Buinicky  
**Evaluation:** Pat Nash

## GIVE THE GIFT THAT LASTS THE WHOLE YEAR

*Did you know a Full Membership or Social Membership may be 'gifted' by a friend, family member, business, etc., meaning the membership fee is paid by someone other than the potential member? Many prospective village members may truly benefit from our services, but may not be able to join if they feel they cannot afford the membership fees. See page 6 for more information on gifting a membership or donating to Charlotte Village Network.*



## PAST EVENTS



### Lunch and Learn

Alison Starkey, of Gaitway of Charlotte, spoke about "Home Safety Basics" at Waltonwood Cotswold on Tuesday, October 8. Attendees learn the basics of home safety to help them age in place as safely as possible. For more information on home safety basics or what Gaitway of Charlotte has to offer please visit their website [www.gaitwayofcharlotte.com](http://www.gaitwayofcharlotte.com). Lunch was provided. No lunch and learns were held in November or December. Lunch and learns will resume in January.



## UPCOMING EVENTS

### Young Voices of the Carolinas Holiday Concert

Join us for a holiday concert from The Young Voices of the Carolinas on Saturday, December 14 at 5 pm. FirstLight Home Care will provide complimentary tickets for any members who would like to attend the concert. Please RSVP to [info@charlottevillagenetwork.org](mailto:info@charlottevillagenetwork.org) or to John Reiter at 330-608-3735 and let us know if you need a ride.



### Games and Snacks in Cotswold

**Saturdays, November 23 & December 21 - 2 - 5 pm**

Our next board game events will be on Saturday, November 23 and December 21 from 2-5 pm at the Gaynor Arms Community Room, 4527 Gaynor Rd. in Cotswold 28211. Please join us and bring your favorite game to enjoy with others. Snacks will be provided, but feel free to bring your favorite to share. This is truly a fun event with plenty of laughs. Please RSVP as soon as possible, and no later than Friday, November 22, as space is limited! RSVP to: [info@charlottevillagenetwork.org](mailto:info@charlottevillagenetwork.org), or to John Reiter at 330-608-3735.





## *Tuesday Movie Matinee*

SECOND TUESDAY EACH MONTH | 12PM  
CINEMARK MOVIES 10  
TICKETS START AT \$1.75  
9508 NORTHEAST COURT, MATTHEWS, NC 28105

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Questions? Email us at: [info@charlottevillagenetwork.org](mailto:info@charlottevillagenetwork.org) or call John Reiter at (330) 608-3735



## NATIONAL FAMILY CAREGIVERS MONTH



Seek support from other caregivers. You are not alone!



Take care of your own health so that you can be strong enough to take care of your loved one.



Accept offers of help and suggest specific things people can do to help you.



Learn how to communicate effectively with doctors.

1

2

3

4



Be open to new technologies that can help you care for your loved one.



Watch out for signs of depression and don't delay getting professional help when you need it.



Caregiving is hard work so take respite breaks often.

7

6

5



Organize medical information so it's up to date and easy to find.



Make sure legal documents are in order.



Give yourself credit for doing the best you can in one of the toughest jobs there is!

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CaregiverAction.org

## SPONSOR A MEMBER THIS HOLIDAY SEASON

### Give the Gift that Lasts the Whole Year

Many prospective village members may truly benefit from our services, but may not be able to join if they feel they cannot afford the membership fees. As you visit with family and friends this holiday season, you may come across someone that may benefit from a Charlotte Village Network membership. If you feel a neighbor, church member or even someone in your family may benefit from our services, please consider gifting an annual CVN membership. If you don't have anyone in mind, but would like to sponsor a member, we will utilize your gift to sponsor someone in need.

### Gifted Membership

A Full Membership and Social Membership, both Individual and Household, may be 'gifted' by a friend, family member, business, etc., meaning the membership fee is paid by someone other than the potential member. The recipient must be approved by CVN as a member, acknowledge the gift and consent. Donors should contact Charlotte Village Network to initiate the gifting process.

### Fee Payment Options

Memberships are one year in length and renewable annually on the date of joining. Full Membership fees may be paid in an annual sum or in monthly payments. Social Memberships are paid in full. Questions? Email us at: <mailto:info@charlottevillagenetwork.org> or call John Reiter at (330) 608-3735.



THANK YOU TO OUR PARTNERS!

*Founding Sponsor*



S O U T H M I N S T E R



embrace  
CARE

*Southminster's Licensed Home Care Provider*



Morgan Stanley



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